

# Proclamation

by

Steven L. Beshear  
Governor

of the

Commonwealth of Kentucky



*To All To Whom These Presents Shall Come:*

- WHEREAS, The citizens of the Commonwealth share a desire to raise awareness and encourage the prevention of falls among older adults; and
- WHEREAS, Kentucky's elderly population will nearly double between 2010 and 2030; and
- WHEREAS, Older adults value their independence, and a fall can significantly limit their ability to remain self-sufficient; and
- WHEREAS, Falls are the leading cause of death from unintentional injuries among older adults; and
- WHEREAS, It is estimated that one-third of seniors over the age of 65 fall each year, resulting in more than 33,000 Kentuckians being treated for fall-related injuries in Kentucky hospitals in 2008; and
- WHEREAS, Injuries from falls are largely a preventable community health problem; and
- WHEREAS, Evidence-based programs show promise in reducing falls and facilitating cost-effective interventions; and
- WHEREAS, The causes of falls include lack of lower extremity strength, reactions to medications, reduced vision, chronic health problems and unsafe home conditions;

NOW, THEREFORE, I, STEVEN L. BESHEAR, Governor of the Commonwealth of Kentucky, do hereby proclaim September 22, 2009, as

## FALLS PREVENTION AWARENESS DAY

in Kentucky.

DONE AT THE CAPITOL, in the City of Frankfort this 2<sup>nd</sup> day of June, in the year of Our Lord Two Thousand Nine and in the 218<sup>th</sup> year of the Commonwealth.

Handwritten signature of Steven L. Beshear in black ink.

STEVEN L. BESHEAR  
GOVERNOR

Handwritten signature of Trey Grayson in black ink.  
Trey Grayson  
Secretary of State

RECEIVED AND FILED

DATE 6/2/09

TREY GRAYSON

SECRETARY OF STATE

COMMONWEALTH OF KENTUCKY

BY

R. Adler